



Dallas Aquatic Center,  
*in collaboration with the*  
The Arc of Polk County,  
has established an open swim time  
for persons  
with developmental and intellectual  
disabilities  
of any age or group affiliation.

Every Wednesday from  
**4:15 to 5:15 p.m.**  
the pool will open its doors for fun,  
friendship and exercise. All for only  
\$3.50 for the individual and  
NO charge for their  
\*care provider.

**Come Join In On The Fun!**

\*A lifeguard will be on duty, but individuals are required to  
have supervision if necessary.

**Questions** about The Arc call Kim at 503 949-5552 or for  
pool info, call Tina at the Aquatic Center at 503 623-9715.